



# Candice Webster Equine Retreat

THE RETREAT JOURNEY

*Edge of Wildness™*

# The Retreat Journey

*This is a sample itinerary, designed to give a sense of the rhythm and experiences of the retreat.*

Each guest's journey will be thoughtfully customised according to their riding experience, personal interests and preferences, with activities and timings adapted where appropriate. The retreat brings together Candice's equine-guided work, NIHI's Horse Whisperers, the Sumba horses, island culture, nature and moments of restoration and connection.

## YOUR INCLUSIVE NIHI EXPERIENCE

Five nights' accommodation in a private villa, priced separately from the retreat package based on your preferred villa category

Full Candice Webster retreat programme.

One private 1.5–2 hour session with Candice Webster

Daily selected horse riding and equine experiences throughout the retreat.

Half-Day Spa Safari, including 2.5 hours of treatments.

NIHI Signature inclusions, [see more](#) 

\*THIS ITINERARY IS INDICATIVE AND SUBJECT TO CHANGE BASED ON WEATHER, TIDES AND OPERATIONAL CONSIDERATIONS.







## Day One

### ARRIVAL ON THE EDGE OF WILDNESS

Following a scenic 50-minute flight from Bali, arrive at Tambolaka Airport, where the NIHI team will welcome you for the journey across Sumba to the resort and your private villa.

Settle in before gathering for a Welcome Ceremony with Candice and NIHI's Horse Whisperers, meeting the group and beginning your connection with the herd. As the sun sets, gather for drinks and conversation before a relaxed private welcome dinner.

## Day Two

### FINDING YOUR RHYTHM

Begin the morning at the stables with coffee and light snacks before joining Candice and NIHI's Horse Whisperers for a Morning Ritual with the herd.

Walk alongside the horses as they make their way from the beach towards the higher grazing lands, using grounding, meditation and intention-setting to tune into the herd and surrounding nature.

After breakfast, discover the work of the Sumba Foundation, including an opportunity to join an English class.

Later, set out on a Jungle Ride or Bush to Beach Ride, travelling through tropical landscapes and along NIHI Beach. The evening comes together over the Sumba Foundation Dinner, celebrating the island, its people and community.





## Day Three

### A DAY OF WILD WELLNESS

Set out on horseback for the Nihioka Ride, travelling through the Sumbanese landscape towards NIHI's secluded spa and equine sanctuary, with the opportunity to experience village life along the way.

Enjoy brunch at the Nihioka treehouse before a gentle Horse Communion meditation, creating space for stillness and a different form of connection with the horses.

The experience flows into the Half-Day Spa Safari, with restorative treatments surrounded by rice paddies and the ocean. Return to the resort for a relaxed dinner at leisure, with the option to enjoy a Sunset Beach Ride beforehand.



## Day Four

### OCEAN, INTUITION & HERITAGE

Begin the day with Yoga with Horses, combining gentle movement, intentional breathing and the quiet presence of the herd.

Later, depending on tides and ocean conditions, experience Swimming with Horses, cooling off in the ocean alongside the Sumba Sandalwood horses. The afternoon showcases a private session with Candice\*, offering a deeply personal equine-guided experience with space afterwards for reflection and integration.

At sunset, experience the energy and skill of local young riders during the Horse Charity Race and Pasola demonstration, which helps raise funds for the Sumba Horse Project and supports the wider local community.

Finish the day with a relaxed dinner at Ombak.

\*EACH GUEST WILL EXPERIENCE ONE PRIVATE 1.5-2 HOUR SESSION WITH CANDICE DURING THE RETREAT. PRIVATE SESSIONS WILL BE SCHEDULED INDIVIDUALLY ON DIFFERENT DAYS THROUGHOUT THE RETREAT.





CANDICE WEBSTER EQUINE RETREAT

## Day Five

### HEALING & CELEBRATION

Begin the final full day with the familiar rhythm of the herd, gathering at the stables for a morning ride through the landscapes of Sumba. After breakfast, visit NIHI's horse charity initiatives and learn more about the care, stewardship and cultural importance of Sumba's horses.

Spend the afternoon at leisure, with space to reflect and enjoy the resort, before coming together at Nihioaka for a closing ceremony with a gentle Sound Healing and Firelight Meditation. Return to NIHI for the legendary White Party, bringing the retreat to a celebratory close beneath the Sumba sky.

## Day Six

### UNTIL WE MEET AGAIN

Enjoy breakfast at leisure, with time to take in the views and the rhythm of Nihiwatu Beach one last time. Return to your villa to prepare for departure before the NIHI team accompanies you on the journey back to Tambolaka Airport for your onward flight.

EDGE OF WILDNESS™



FOR MORE INFORMATION, PLEASE CONTACT OUR TEAM

**RESERVATIONS**

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(ASIA TIME)

NIHI® SUMBA IS A MEMBER OF:

