

Weekly Schedule

*Week Schedule
18 to 24 August*

Monday

08:00 AM
Vinyasa Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
Sea Adventure Day ●

Chocolate Factory - Max. 8 Pax

10:00 AM
**Sumba Foundation Tour is
OFF DUE TO PUBLIC
HOLIDAY** ●

Front Office

11:00 AM
Stone Carving

Chocolate Factory - Max. 6 Pax

4:00 PM
Social Padel Games ●

Padel Court - Max. 6 Pax

4:30 PM
Yoga Class ●

Yoga Shala - Max. 15 Pax

7:00 PM
Jungle Theme Dinner

Menara/Nio*
*Weather & Crowd Dependent

Tuesday

08:00 AM
Vinyasa Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
**Sumbanese Horse
Encounters** ●

Chocolate Factory - Max. 8 Pax

02:30 PM
Chocolate Making ●

Chocolate Factory - Max. 8 Pax

02:30 PM
English Class Visit ●

English Class Goes to Kampung
Learning Center

04:30 PM
Yoga Class ●

Yoga Shala - Max. 15 Pax

6:45 PM
**Sumba's Living Legends
Story**

Ombak Restaurant

6:30 PM
A La-Carte Dinner

Yoga Shala - Max. 15 Pax

Wednesday

08:00 AM
Vinyasa Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
Sumba Culture Immersion ●

Chocolate Factory - Max. 8 Pax

10:00 AM
Ancient Village Tour

Front Office

11:00 AM
Traditional Weaving Class

Yoga Shala - Max. 15 Pax

03:00 PM
Coconut Smoothies ●

Chocolate Factory - Max. 8 Pax

4:30 PM
Restorative Yoga ●

Yoga Shala - Max. 15 Pax

7:00 PM
Sumba Foundation Dinner

Menara

Thursday

08:00 AM
Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
Earth & Clay Creations ●

Chocolate Factory - Max. 8 Pax

10:45 AM
**Organic Garden Tour &
Traditional Cooking Demo**

Ombak Restaurant

02:30 PM
Mud Play & Ocean Bath ●

Boathouse - Max. 8 Pax

02:30 PM
English Class Visit ●

English Class Goes to Kampung
Learning Center

4:30 PM
Social Pickle Games ●

Pickle Court - Max. 6 Pax

4:30 PM
Yoga Class ●

Yoga Shala - Max. 15 Pax

Friday

YOGA IS OFF

09:00 AM
**Jungle Adventure & Food
Forest Feast** ●

Chocolate Factory - Max. 8 Pax

10:00 AM
Sumba Foundation Tour ●

Front Office

11:00 AM
Traditional Weaving Class

Yoga Shala - Max. 15 Pax

03:00 PM
English Class Visit ●

English Class Goes to Sumba
Foundation Learning Center

YOGA IS OFF

6:30 PM
A La-Carte Dinner

Ombak Restaurant

Saturday

08:00 AM
Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
Treasure Hunt ●

Chocolate Factory - Max. 8 Pax

10:00 AM
Ikat Weaving Class ●

Sumba Market - Max. 8 Pax

11:00 AM
Traditional Weaving Class

Yoga Shala - Max. 15 Pax

02:00 PM
Chocolate Making ●

Yoga Shala - Max. 8 Pax

4:30 PM
Restorative Yoga ●

Yoga Shala - Max. 15 Pax

7:00 PM
White Party Dinner

Menara/Nio*
*Weather & Crowd Dependent

Sunday

08:00 AM
Yoga: All Levels ●

Yoga Shala - Max. 15 Pax

09:00 AM
Palm Craft Creations ●

Chocolate Factory - Max. 8 Pax

09:30 AM
Kids Yoga Class ●

Yoga Shala - Max. 8 Pax

02:30 PM
Cupcake Decoration ●

Chocolate Factory - Max. 8 Pax

04:00 PM
Prona Hai Hills Trekking

Sandlewood Stables

4:30 PM
Yoga Class ●

Yoga Shala - Max. 15 Pax

6:30 PM
A La-Carte Dinner

Ombak Restaurant



● Complimentary Kids Activity ● Wellness ● Cultural * Pre-booking required. For more information on different schedules, contact the Experience Team.